

[www.uvdalresort.no](http://www.uvdalresort.no)

 **UVDAL RESORT**



N-3632 Uvdal, Norway  
T +47 32 74 31 08  
M +47 99 22 82 10  
E-mail: [aud@uvdalresort.no](mailto:aud@uvdalresort.no)



# Welcome to reviving experiences in a natural environment

Uvdal Resort is situated at the entrance to Hardangervidda, the highest mountain plateau in Northern Europe, with a spectacular view to Imingfjell and Dagalifjell. Uvdalselva, a quiet river that runs into Numedalslågen further down, invites you to swim, fish, go for a ride in the canoe or other water activities. You will find the tranquil peace and warm atmosphere an oasis and a place where you can restore and regain energy and strength.



## “Live – Laugh – Learn”

If you are looking for a more active holiday, there are plenty of activities to keep you and your family or friends busy during the entire stay. Canoe safari down the river, challenge course with fun and intriguing activities for all ages, trampolines, mini golf and a huge play ground, offers you a variety of activities to fill your days with reviving experiences in a natural environment.



## Open wall chalet with fire place and river terrace

In the chalet by the river you can barbeque fish from the river, hotdogs or “glow steak”, a local food tradition and one of our specialities. With the magnificent view to Hardangervidda and the sound of the river running by, all you need is to let your thoughts wander ...



## Challenge Course

We have built a challenge course, including both initiative games and a variety of low ropes activities, as well as brain teasers and challenging team building games. Communication, trust and individual growth is essential in every activity, and can easily be adjusted to all group sizes and ages. If this sounds interesting, please contact us and we will give you a detailed program, based on a close dialog, lasting from 2-4 hours to several days. More information can also be found on our website [www.uvdalresort.no](http://www.uvdalresort.no).



**Are you strategic? Do you communicate well? Or do you prefer action to discussions?**

In Challenge Course you will need all of the above and more...



Comfortable furniture and flexible solutions have made Storstua a popular place to meet.



### Storstua

If you are looking for a place to arrange your meeting, conference, anniversary or gathering, Storstua may be the answer to your quest. Comfortable and solid furniture, modern technology and great flexibility makes Storstua a popular place for groups up to a maximum of 80-90 persons. The big river terrace is also a popular place when the weather allows outdoor gatherings. We serve food for all occasions. Please contact us for further information.

### Cabins

Our cabins hold a high standard, with cable TV and free internet access (broadband). Two bedrooms and a built-in bed in connection with the living room provides room for 7 persons. The cabins have solid country furniture, wood stove, tiled bathroom and a well equipped kitchen.

### PIZZA - Catering

Pizza is our No 1 product, but we also deliver other dishes. You will find our menu on our website [www.uvdalresort](http://www.uvdalresort), or you can contact us and we will make an offer based on your requests or wishes.

## Uvdal – Closer to nature



The Uvdal River and lakes in the vicinity offer a variety of fishing opportunities.

Langedrag Wild Life Park and Mountain Farm, situated 1000 metres above sea-level, lies like a fairy-tale castle in beautiful surroundings, with magnificent views of the lakes and mountains between Hallingdal and Numedal. Langedrag has 250 animals representing 26 different species. An experience to remember.

In the vicinity to Uvdal Resort there are horse farms which offer a variety of activities. If you are looking for more adrenaline and speedy challenges, you can chose between white river rafting, snow mobile, ATV, rally or other action filled activities. Great fun!

Within 25 km there are three alpine centers which offer a variety of slopes and challenges. On the mountain plateau there are more than 200 km of marked ski tracks.

If you are interested in local food, culture and tradition, there are several places to visit. Uvdal can also offer an interesting outdoor museum, including a stave church from approx. 1100 AC. Numedal is also known as the "Medieval Valley" because of the density of well preserved buildings from this era, including four stave churches from Flesberg in the south to Uvdal in the other end of the valley.

## Things to see – and things to do...



Foto: Anita G. Larsen

# Excursions

If you have more than one day to spend, we suggest that you take a roundtrip and visit some remarkable places in the nearby surroundings.

**Eidfjord (145 km) Vøringsfossen** If you follow Rv7 from Geilo you will pass a magnificent view of well known land marks as Hallingskarvet and Hardangerjøkulen. On your way down to Eidfjord you will pass Vøringsfossen, Norway's most visited natural tourist attraction. You should also make time to visit Kjeåsen, a mountain farm that lies like an eagle's nest high up in the steep hillside above Simadalsfjord. In Eidfjord is also Hardangervidda Nature Centre, one of the most modern nature and cultural-historical experience centres in Norway.

**Rjukan (80 km)** Gaustadtoppen and Vemork are the two most popular land marks of Rjukan. Rjukanbadet, with all its water and exercise activities, is also well worth a visit!

**Geilo (58 km)** A central hub, connecting east and west. A tourist destination well known for its winter activities and arrangements.

**Nesbyen (67 km)** A homely small town, offering among other activities Hallingdal Museum and Qvisten outdoor swimming pool.

**Kongsberg (105 km)** Silver mines, several museums and a beautiful church from 1761 are only a

few of the reasons why you should make a long stop in Kongsberg!

**Hardangervidda Nasjonalpark** Hardangervidda is a very valuable mountain plateau and Norway's largest National Park. The area is very important as it is the habitat of the largest groups of wild reindeer in Europe and the most numerous groups of several endangered bird species in Southern Norway. The mountain plateau offers a great variety of plants, and is an El Dorado for hikers with its many land marks, tracks and animal traps, showing how man has used 'Vidda' for centuries.

**Flåm (170 km)** The Flåm rail – a remarkable engineering piece of art in wild nature, makes it one of the world's most beautiful railroad journeys. Travel time approx 2 hrs from Flåm to Myrdal.

**Langedrag (35 km)** Experience wolf, polar fox and lynx at close range in beautiful surroundings. The day is gone before you know it ...

**Vassfaret Bjørnepark (99 km)** Shows how life was once upon a time in Vassfaret. You get a close look at the bears, as well as all the other animals in the park.

